

Cancer Support Network

NEWS

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"Our mission is to improve the quality of life for individuals and families affected by cancer..."

What We Have Learned by co-founder Bill Greif

The Cancer Support Network started with a simple idea: we wanted to be helpful to individuals and families whose lives have been impacted by cancer. We began with what we had learned from our own cancer experience: a special bond exists between people who have lived with

A cancer patient who is pro-active and self-empowered has a better chance for recovery than one who is not, and the spiritual component in cancer can be a powerful force for healing, as well as for curing.

cancer. Because of this shared base of experience, a cancer survivor is simply in the best position to help a person currently living with cancer. So we have trained 95 volunteers to be available for such mutually rewarding relationships in the past two years and plan to have four new training classes a year.

But we have learned that many needs exist in addition to the need for a hope-giving relationship. Doctors, nurses and social workers tell us that a cancer patient who is pro-active and self-empowered has a better chance for recovery than one who is not, and that the spiritual component in cancer can be a powerful force for healing, as

well as for curing. We believe the Western model of medicine is the primary way to fight cancer, and we are in awe at the advances that seem to occur daily. But we have also learned that complementary methods such as guided imagery, improved nutrition, fitness training and support groups can be successfully integrated into the model.

So we are offering classes for persons who wish to explore these avenues as well.

We have learned that the last cancer treatment is not the end of the cancer experience. One can't just go back to "normal". Now there is a new normal that includes lost body parts, fear of recurrence

and a much heightened awareness of the fragility of life. We have learned that many cancer survivors think they are "crazy" because they continue to have cancer related issues long after treatments stop. But an encounter with the ultimate questions of existence can also create tremendous energy and a desire to make positive changes based on the precious insights gained. We are offering a Life After Cancer Networking Group and plan a series of classes to explore these issues of survivorship.

We have learned that we can't meet anywhere near all the needs of people living with cancer. Think of a person with cancer but no health insurance, who is no longer able to perform his job and thus



has no dependable source of food or shelter. Just trying to get back and forth to life-giving treatment is an insurmountable burden for many. While there are other local non-profits and agencies who each offer help with some of these needs, the problem is a lack of central coordination. Recognizing this need, we are trying to network and collaborate with the goal that one day a person with cancer can call one number and be guided to all of the services she requires.

This last year of growth in services has reminded us that undertaking such projects requires money. Our original business plan called for keeping operating costs as low as humanly possible. We have never wavered from that resolution. However, it is difficult to see the need and not to respond. If you plan to give a charitable, tax deductible contribution before the end of this year, please consider a gift to The Cancer Support Network. Please allow us to continue to meet the needs we are finding.

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For more information
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email info@cancareaustin.org
or go to www.cancareaustin.org

Strangers in a Strange Land: *Spiritual Analogies for the Journey of Cancer*

by Karen Greif

During my 2002 training to become a CanCare of Houston volunteer, a segment entitled "You are the Speaker" was devoted to telling our individual stories of cancer within a small group setting. I thought it remarkable that the image of being "a stranger in a strange land" was shared by all. By virtue of having traveled in the world of cancer we understood on a visceral level just how strange it felt to enter that world of medical testing, hospital jargon, needle punctures, hair loss, fatigue and nausea. We explained how the words, "You have cancer," forever changed the world as we knew it before.

For those of us who have experienced a cancer diagnosis, and for those of us who love someone diagnosed with cancer, these stories can serve as guides.

Our common experience as survivors formed a bond between us. We shared the camaraderie of soldiers who had fought in the same battle and survived in the same foxhole. From my small group I learned that this bond provides an initial basis of intimacy and trust from which other differences can be transcended.

From a seminar entitled "Cancer as a Turning Point," I learned of other ancient analogies which also resonate with the experience of having cancer. The 5,000 year old Sumerian story of Queen Inanna describes the journey of a queen who leaves the royal life she has always known to enter the dark and mysterious realms of the unknown. From the Iliad, written by Homer in the 8th Century BC, the story of Demeter and Persephone poignantly expresses the love of a mother for a daughter who has been stolen away to live in a world completely different from our own. For those of us who have experienced a cancer diagnosis, and for those of us who love someone diagnosed with cancer, these stories can serve as guides. Throughout the ordeal of cancer they can help adjust to the new reality of life filled with the unknown. After the ordeal, they can assist us in making sense of the "new normal" world that lies beyond the cancer experience.

I am excited to offer a class in which these stories can be explored as analogies to the cancer experience. In this class we will reflect upon our own journeys to unknown worlds and our own experiences of being strangers in a strange land. *This class will be offered on November 14, from 10:30 until noon, at the Austin Groups for the Elderly Building at 3710 Cedar Street. For more information or to register for this free class, please contact Karen Greif at 656-7587 or email her at karen@cancareaustin.org .*

"EMPOWER YOURSELF THROUGH WORDS"

An interactive journaling program to help patients, survivors, and others affected by cancer to direct their emotional healing through journaling. This Class will be held on October 16, 2006 at Southwest Regional Cancer Center, in the Board Room on 3rd Floor, from 1pm-2pm. Address: 901 W. 38th St. To register, call Ann Meyer, LCSW, OSW-C, at (512) 421-4167. No fee. (There is a charge to park in the garage).

CALENDAR

[ONGOING] Southwest Regional Cancer Dialogue Group
Southwest Regional Cancer Center, 901 West 38th St., Austin, 78705
Dates: Sept 19, Oct 3, Oct 17, Nov 7, Nov 21
Time: 5:30 p.m. - 7:00 p.m.

[ONGOING] Cancer Support Group for Patients & Caregivers
St. John's Methodist Church, 2140 Allendale Rd. Call 342-0233
Dates: Sept 28, Oct 12, Oct 26, Nov 9, Nov 30
Time: 5:30 p.m. - 7:00 p.m.

[ONGOING] "Life After Cancer" Networking Group
A.G.E. Building - Room 222. Registration Required. Call 342-0233
Dates: Sept 28*, Oct 5, Oct 19, Nov 2, Nov 16
Time: 7:00 - 9:00 p.m.

[ONGOING] Guided Imagery Class, led by Emmett Skiles, M.A.
Call 342-0233 for details and to register.
Dates: Oct 28, Nov 18
Time: 10:30 a.m. - 12:00 p.m.

- *Sep 28**
7:00 - 9:00 p.m.
"Life After Cancer" Networking Group
Guest Speaker: Kate Johnson presenting a mini "Discovery" workshop
A.G.E. Building - Room 222
Registration Required. Call 342-0233
- Sep 27**
7:00 - 8:30pm.
Tai Chi, Meditation and Stress Management Seminar
Led by Dr. Robert Marion, OMD., L.Ac.
To be held at The Westlake Foundation, 3939 Bee Cave Rd., Bldg. B
Pre-registration required. Call: 329-6103
- Oct 3**
6:30 - 7:45 p.m.
Meditation Classes
(a Six Week Series - Tuesdays 10/3 - 11/7)
Led by Carin Channing
Classes held at George Washington Carver Museum & Cultural Center
To register call: 974-4926 Fee required.
- Oct 4**
6:00 - 7:30 p.m.
Bereavement Educational & Support Group
(a Six Week Series - Wednesdays 10/4 - 11/8)
Led by Jane Dryden Louis. Pre-registration required.
Call Gracie at 491-6610 ext. 26
- Oct 11 & Nov 8**
7:00 - 9:00 p.m.
How Food Affects Your Health & Emotions
Class at the Casa de Luz Campus, presented by The Natural Epicurean. For more information call 476-2276.
- Oct 13-14**
CanCare Volunteer Training Weekend
Call Emmett Skiles to apply: 342-0233
- Oct 16**
Empower Yourself Through Words
Southwest Regional Cancer Center. See ad at left for details.
- Nov 14**
10:30 a.m. - 12:00 p.m.
Spiritual Analogies for the Journey of Cancer
Led by Karen Greif. To register call 656-7587
A.G.E. Building - Room 222

Flowing Through the River of Life

Janie Cravens is a care receiver in The Cancer Support Network who was diagnosed with breast cancer earlier this year. One day while talking on the phone with her, she mentioned that she and some of her friends had decided to paint a mural on one of the walls in her house. Intrigued by that, I inquired about what inspired them to do this. She said it has been a way to help express not only her feelings about the cancer, but also what her friends were experiencing and how it was affecting them as well. The following is a more in depth discussion I had with her while visiting her recently at her home.

E: What is the background to how the mural came about?

J: About a month after my diagnosis, I had the idea to gather together my friends, about a dozen women, to come to my house the night before my lumpectomy was done. The idea was to help me set an intention for my healing, so I asked them to bring anything to contribute to my healing, and we'd eat and drink and we'd be painting a mural. Once they were here, some of them were shy at first about painting on the wall – it felt “forbidden” to some I think. Soon though, the vision of a river began to take shape, and the women that are in it.

E: Had you seen this image somewhere else before?

J: Yes. It was a theme I used from a prior project that I did. The women shaped figures were the first from the patterns that we were choosing from that I liked.

One of my friends was so angry about my diagnosis that she had brought a big sheet of butcher paper. She, and some others, wrote all the bad words and images on that paper they could think of that we didn't want to

J: Yes. After that first painting session, people come over and add things all the time. Kids come and add what they like. Certain people have their own figures they come with and add to it. One friend brought a tiny

of its significance to me is the people who have painted all the different things – especially like the part my daughter painted. Sometimes I just come and pick up a paint pen and start adding to it. Like it says in the book, “The Artist's Way” by Julia Cameron, each person has a potential for art. It meets a need to be creative by shutting down the mind and letting some other part of myself... which is especially useful for those of us who live in our heads most of the time. One thing I'd like to point out, though, is that I'm not an artistic person or make time to do it normally. So anyone can do this because I'm not that type either.

E: So what's next in your process with this?

J: When it's over [treatment], we'll have another party that will definitely involve the mural and we'll get more paint out as a way to shore up other aspects of healing that was apart from the chemo, radiation, etc. These are the ways I could contribute to my own

healing. For example, along my path with cancer I have investigated Chinese herbs and teas, meditation, naturopathy, acupuncture, art, nutrition – which I always had an emphasis on, but it increased once I was diagnosed. And the use of organics is important to me to. I just feel that people need to claim their own power and make choices about their care that help give them their own sense of peace and well being.



put on the wall. That seemed to be just for her though...

E: Did you also feel some anger associated with your cancer diagnosis?

J: No, anger really wasn't one of the emotions I had about it then. So I kept working on the wall, and then we all did. The middle woman figure in the river is me.

E: The one with the spiral painted on it?

little medicine bag to attach to one of the women figures. It's a work in progress. My nephew, who is an artist, added the painting down here of one of the woman ancestors from my family, Aunt Jesse. He may add more of them as he can.

E: How have you found the mural helpful to you now that it's come together?

J: It's been great to just come and meditate in front of it. A lot

What is Psychosocial Oncology? by Emmett Skiles, MA

When I was in graduate school a few years ago, one of my projects was a qualitative needs assessment of "psychosocial factors" experienced by cancer survivors. This involved interviewing many people in different stages of the cancer experience. Psychosocial oncology is a term used to describe a vital aspect of cancer care that helps patients and families maintain emotional well-being while coping with the stresses associated with their cancer diagnosis and treatment. Dr. Jimmie Holland created the first psychosocial oncology program at New York's Memorial Sloan-Kettering Cancer Center in 1977. And the field grew rapidly in the 1980's through the work of Dr. Bernie Seigel, Dr's. Carl and Stephanie Simonton, and others.

The results of that research confirmed for me that there is a tremendous need for providing more of this type of support in Austin and Central Texas. While the social workers in the oncology centers here in Austin do a great job, there is no service delivery model that can accommodate the myriad of needs all under one roof. I attended a conference in Chicago recently that gathered together "Cancer Wellness Centers" from all over the country. I

was amazed by the large number of these types of centers available in that part of the U.S. Apparently these centers sprang up right along with the development of psychosocial oncology and the wellness movement that began in the late 1970's. There are four cancer support and wellness centers in the Chicago metro area alone. Texas has only two comparable centers that I know of, and those are in the Dallas/Ft. Worth area (see www.gildasclubtx.com, and www.cancercareservices.org).

These centers provide a place for people dealing with cancer to go, which is completely separate from the sights, sounds and smells of their medical treatment facilities. There is a "homey" feel to these places and people are able to meet others and feel connected into a community with a variety of activities available to support them. One may choose from classes on wellness topics such as nutrition, yoga, expressive art, stress reduction and meditation. Also offered are practical instruction on things like

communicating more effectively with your doctor, care for the caregiver, and insurance and legal issues that people with cancer often face. Or he or she may be drawn to having discussions with others in a support group, or perhaps a networking group for those finished with treatments who want to share information on how they are maintaining their hard-won health. There are often activity rooms for children and teens in these facilities too. And all these services are provided at no cost to the member.



From what I have learned, I believe that the benefits of providing this type of psychosocial support are significant and justifiable. While having cancer is undoubtedly distressing, many patients report that there are many positive things that can come from this experience such as:

- Improved relationships
- Re-directed life priorities
- Increased self-reliance and appreciation of one's own strength
- Greater compassion and altruism
- Emphasis on spirituality

In addition to those benefits, there continues to be compelling research on the question: Do psychosocial interventions prolong life? But one thing is certain to me - having a community environment that nurtures and fosters this type of healing and growth should be available to everyone who wishes to pursue it.

When we stop to consider that a significant chunk of our population from the baby boomer generation are now entering into their sixties, some of the demands for our services become clearer. According to the Administration on Aging, 77 million baby boomers will start to turn age 65 by the year 2008, which is more than double the population of seniors for the U.S. in 2004. Coupled with the fact that 61% of people with cancer are age 65 and over, the need for cancer support services becomes even more critical for our community. My sincerest hope is that The Cancer Support Network will keep growing and evolving into the type of center that will help fill these needs.



APOS 4TH ANNUAL CONFERENCE
1 - 4 March 2007 Austin, Texas, USA
Promoting Quality Psychosocial Cancer Care Across Diverse Communities

The American Psychosocial Oncology Society (APOS) is proud to offer one full day of pre-conference workshops on 1 March 2007 and one-half day of post-conference workshops on 4 March 2007. The Annual Conference follows on Friday, 2 March 2007 and Saturday, 3 March 2007 with two full days of symposia and concurrent sessions exploring the latest research and topics in the field, including advocacy. Registration is

now open. Visit www.apos-society.org to register online or download a Registration Brochure.

The 2007 APOS 4th Annual Conference promises to be a must-attend event for all professionals working in the field as APOS continues to build on its success as the only multidisciplinary society in the United States dedicated to advancing psychosocial oncology.

Life After Cancer Networking Group

If you're a cancer survivor who is no longer in treatment and would like to learn and share with a group of other survivors about how to maintain your hard-won health and well being, then we have the group for you.

We have guest speakers, watch documentary videos, discuss books, and share our experiences with local practitioners who can help you with diet/nutrition, exercise programs, yoga, and even energy bodywork such as acupuncture, massage or shiatsu, etc. Members of the group support each other to explore whichever traditional or complementary therapies they may be drawn to.

If you feel that you could benefit from this kind of self-empowering group, please call Emmett at (512) 342-0233 for more details.

Our Life After Cancer Networking Group meets at the AGE building on the 1st and 3rd Thursday of each month, from 7:00pm until 9:00pm.

Collaboration Helps Family Beat the Heat

One day in June, one of our volunteers, Diana Patrick, e-mailed us an update on her recent match with a woman with breast cancer named Regina Fabien. She just happened to mention that the four-bedroom duplex

happens to be in the air conditioning repair business. Cindy eventually found a company in Manor, Thermal Mechanical, who could donate three new window air conditioning units to the woman in need.

Then the task was to find someone who would volunteer to install the units. Emmett then contacted two of our collaborative partners, the American Cancer Society, and the Interfaith Care Alliance, who he knew had one of their Care Teams assigned to this mutual client with breast cancer.



Regina and Diana

where her new care-receiver lived had only one window air conditioner for the whole house. She and her five children brought mattresses into their crowded living room to sleep every night. So Diana asked in her e-mail if we had

then located by the Social Services Director at Interfaith Care Alliance, Priscilla McFarlin, who could install the air conditioners. The units were put in, and Regina's family finally got a break from the Texas August heat.

This was a success story that could not have happened without the collaborative efforts of so many people and organizations such as the Interfaith Care Alliance and the

American Cancer Society. The story also highlights the importance of the open lines of communication between cancer service agencies who share the same clients. In fact, it is such a crucial component of the network of care we strive to be, that we are excited to be participating in an upcoming Austin Area Cancer Organization Meeting on September 19th. We will be coming to-

gether to talk about the ways we can work together more effectively and identify gaps in services so we can provide better care for those we serve.

WE WOULD LIKE TO ACKNOWLEDGE AND THANK all of the organizations listed below for being partners with us (directly or indirectly) in our mission to improve the quality of life for those affected by cancer in the Austin community:

American Cancer Society

Any Baby Can / Candlelighters

Austin Cancer Centers

Breast Cancer Resource Center

Childrens Hospital of Austin

Garrett's Kidstrong

**Interfaith Care Alliance
(now the Care Communities)**

Lance Armstrong Foundation

Leukemia & Lymphoma Society

Lone Star Oncology

Move Through Cancer

Planet Cancer

**Seton Cancer Care Team
& Shivers Clinic**

Seton Medical Center

Seton Cove

Southwest Regional Cancer Center

St. David's HealthCare

**Susan G. Komen Breast
Cancer Foundation**

Texas Oncology

The Wright House

Wonders & Worries

The story highlights the importance of the open lines of communication between cancer service agencies who share the same clients.

a resource for the donation of air conditioners for people with cancer. After making a few calls, Emmett Skiles, the Program Director for Can-Care, discovered that one of our board members, Cindy Manning, had connections through her husband who

Seventh Volunteer Class trained in August 2006

We have now expanded the number of trained volunteers in The Cancer Support Network to 92 survivors and caregiver/family members after the class held on August 25th and 26th. With this class we added survivors and family members who suffered with diagnoses such as lymphoma, breast, prostate, brain, and colon cancers. The enthusiasm and eagerness to learn and share from each other was what stood out with this group.

Another distinguishing feature of this group was that three of the volunteers being trained that day were former care-receivers who we had matched about a year ago with volunteers from our earlier training classes. We were pleased to see the sincere interest these volunteers have in giving back to others in the same way they had been helped.

In the training workshop, our volunteers refine their listening skills and are given opportunities to share their stories with each other in various role playing exercises. Training includes presentations from healthcare professionals on topics related to cancer treatment, sup-

port and survivorship. Upon graduation, volunteers are matched with cancer patients and family members who have asked for help coping with the fear and anxiety that come with a cancer diagnosis.



From left to right: Janey Marks, Debbie Gardner, Kim Nuegent-Anderson, Robert Kneeland, Connie McFarland, Henry Friedman, Laurie Watts Wagner.

Survivors and caregiver/family members of all types of cancer are encouraged to call The Cancer Support Network at (512) 342-0233 to learn more about becoming a volunteer. Our remaining training class for 2006 will take place on October 13th-14th.

"Karen Greif, co-founder of CanCare Austin and a dear friend of mine, called on me to help provide transportation to Seton Hospital for a woman named Sara. Karen explained to me that Sara had recently been diagnosed with cancer. She had no car, no job, no money, no family, and few friends. I told Karen I would be more than happy to help Sara.

I soon contacted Sara by phone and set up times that I could help her get to the hospital for treatments. The first time I met Sara, she opened my eyes to the needs of people very different from me. She didn't have family and friends to support her. She just had me, a stranger. I tried to help with her immediate needs: grocery shopping, picking up prescriptions, cooking meals, and talking to her when she was down. I brought her books and ice cream on occasion. That always brought a big smile. Sara was poor, uneducated, and helpless. But even with all her trials, she remained optimistic and had a heart of gold. Never a time went by that she didn't thank me over and over again for my friendship and help. She cried the first time I brought her a meal. She said never in her life had anyone done anything nice for her. I cried after I left to think that she had never experienced the joy from a simple act of kindness.

Sara died five weeks after I met her. Sara had ended up hospitalized and my husband and I had visited her while she was there. Sara taught me so much about injustice in life and about my responsibility for those who can't care for themselves. She taught me why we are here on earth. Praise God for her life and her witness here on earth."

—Linda Byrd, Volunteer

New Class Schedule for 2007 Being Developed

We are busy putting together our educational and support group programs for 2007. The Cancer Support Network collaborates with other organizations on several them, including the Lymphoma & Leukemia Society and the American Cancer Society. Some of the classes we have slated for 2007 are:

- Couples/Partners Dealing with Cancer
- Planning Today for Life Tomorrow: Living Wills, Powers of Attorney, Legal Issues
- Cancer as a Second Language
 - Care for the Caregiver
 - Spirituality and Cancer
- Hospice Information and Resources
 - Insurance Issues and Answers
- Integrative Healthcare Options and Resources – Six week series
- Expressive Arts – Six week series

WHAT DO THE NUMBERS SHOW?

We have accomplished the following so far during 2006:

36 matches have been made between our trained volunteers and those dealing with cancer.

13 educational classes and trainings have been held for a total of 190 people.

75 people have been *referred to our support groups*.

The Cancer Support Network Response Form

If you would like to request our services, receive information, volunteer your time and talents, or make a donation, please complete the form below and return it by mail in the envelope provided in this newsletter.

Name: _____ Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

I would like to be matched with a Cancer Support Network volunteer.

I would like to receive Informational Brochures (# desired _____)

Information on the Number of Survivor Volunteers by Cancer Diagnosis

Information on Current Support Groups

Information on Upcoming Classes and Events

I would be interested in volunteering: As a mentor for someone with cancer or a family member

In some other way for our organization.

Please Specify: _____

I would like to contribute \$_____ to the mission and ministry of The Cancer Support Network:

My gift is in Memory Honor of: _____

Please notify: Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Additional Ways to give:

I have enclosed my company's matching gift form.

I would like information on how to include CanCare in my will or estate planning.

Please make check payable to: **CanCare Austin**
PO Box 29871, Austin, TX 78731

CanCare is a 501 (c) (3) non-profit organization. All gifts are tax deductible and are gratefully accepted.

"There are certain things that I learned during my battle with cancer. One of the most important was to recognize and appreciate all the blessings that you do have in your life, instead of focusing on the difficult challenge ahead. My CanCare volunteer, Jane Louis, was one such extraordinary blessing in my journey.

Jane was always there for me — any time, any hour. Being single and independent, I had many days that I could not drive. I knew I could always call Jane. Not only did she go to appointments with me, she wrote everything down in the "black book" so I could later remember what the doctor said. And Jane's vast knowledge of cancer and all things related to it helped me not only to pronounce but also become familiar with this new and challenging vocabulary that cancer brings into your life!!

Jane also introduced me to a cancer support group, which was and is a vital part of my treatment and recovery. Having that group to "check in with" every two weeks, and make suggestions for treating symptoms was invaluable in my journey.

Jane's caring presence in my life during my cancer treatment made all the difference. For that I will always be grateful to her and to CanCare Austin."



— Ellen Read, Care-Receiver



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Meet Our Newest Board Member

Cindy Manning has been an oncology nurse in Austin for 24 years. Her first opportunity to work in this field was in 1982 at Holy Cross Hospital, a small hospital that was located in East Austin. She was skeptical at first and wasn't sure oncology nursing was for her. She soon fell in love with the people, the patients, and their families. She found they were all so special to her. The doctors were great. The dieticians, the social workers, everyone was so dedicated. She found it rewarding to be part of a team that enjoyed what they were doing. Holy Cross was closed in 1989 and she transferred to Seton Hospital and continued in the Oncology department. She has seen so many positive changes and advances in this field over all those years.

She is currently a case manager with Seton Cancer Screening and Early Detection program. They take a portable mammogram machine out to the rural areas as well as urban sites and offer screening mammograms and health education to low-income, uninsured women for a ten dollar co-pay. She is responsible for case managing

these women from first detection all the way through diagnosis and treatment. This proves to be quite challenging since many of the women do not speak English and many are illiterate. The clinic services culturally diverse individuals from the Asian community, and from the Islamic community, as well as migrant farm workers. She has found that flexibility is a must to be able to do this kind of work. She has done breast exams in Churches and City offices, Chamber of Commerce rooms, food pantries, community clinics and she enjoys the variety.

In 2004, one of the co-founders, Jane Lewis, contacted her about being a resource person for The Cancer Support Network. She was honored to have the opportunity to speak to some of the volunteer training classes and was impressed with the quality of the program. In January of 2006 she was invited to join the Board of Directors and says she is honored to be involved in such a worthwhile program.

In her spare time she enjoys working with her husband in their very large yard, and just watching her chickens roam and the dogs tease them. Her hobbies are quilting, cooking, traveling, studying Spanish and volunteering with a Spanish speaking pre-kindergartner class at Joslin Elementary.



BOARD OF DIRECTORS

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Co-founder, Board Chair

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